



PRESS RELEASE – FOR IMMEDIATE DISTRIBUTION

October 3, 2020 Cycling with Sisters – PEI 2020

September 25, 2020

Join us on October 3, 2020 for a PEI Cycling with Sisters bicycle ride from St. Peter's to Morell and back (24 km). This is an organized, recreational group ride at a pace for all ages with meaningful prayer stops. Its mission is to create a shared spiritual adventure for sisters and local communities through bike rides. This ride is designed to be COVID compliant.

Sisters from the Congregation of Notre-Dame of Montreal and the Sisters of Saint Martha will take part in the event, supported by the prayers of the Sisters of the Sacred Heart of Jesus of Ragusa. The journey will begin with prayer to ask God's blessing with a spirit of hope. Throughout the ride, we will pray using themes of poverty as manifest in lack of suitable housing and employment; mental health; and care for creation. On our final prayer stop we will be praying for our mission, our baptism call as we go forward from the ride.

You can join us virtually on the day of the event: Use the link which will be posted on [www.pei.cyclingwithsisters.org](http://www.pei.cyclingwithsisters.org). We will be live streaming our prayer times and rider visits. If you choose to ride, you will ride with Catholic sisters and other people of all ages who advocate for peace and justice. All levels of riders are welcome. However, we recommend some practice rides to help you complete the 24 km.

There is a suggested registration fee of \$10 per individual and \$20 per family payable *in cash* on the day of the ride. Donations will go to S.A.F.E. Register online here: <https://pei.cyclingwithsisters.org/events/>

Information:

Les Sœurs de la Congrégation de Notre-Dame  
2330 Sherbrooke Street West  
Montreal, QC H3H 1G8  
<https://pei.cyclingwithsisters.org/>  
[www.cnd-m.org](http://www.cnd-m.org)

Source:  
Sister Susan Kidd, CND  
skidd@cnd-m.org