

## Small Group Contributions after Session 6 – May 28 Review

### Group 1

1. a. We affirm the overall process, especially the time factor that, spread over a number of months, allowed us to go deeper. b. there was a special richness in the small group which gave the space for everyone to feel heard, empowered and confirmed; also, the richness of diversity in the group - gender, generation, bilingual, contemplative/apostolic.

2. The main process was to discern the three priorities but the individual lives of the participants was enriched.

3. We affirm the priorities in the order/rank that they were given; they will help to animate religious life (and the CRC team, especially in its current leadership) complete with our vulnerabilities to work better among ourselves and more prophetically in the world.

### Group 2

The Word of God chosen for today's reflection reflects well the dispositions of the group:

"Peace be with you"

"I also send you. "

"Receive the Holy Spirit. "

The Holy Spirit, with his peace, his joy, his wisdom has been at the heart of our sharing and of this process that we have just lived.

Our consolations

are movements of gratitude for this process of discernment that we have just lived. After 5 months, we had to invest this time to better integrate the process. And we leave with this "quiet energy" which is certainly a fruit of the discernment and which allows us, in spite of our vulnerabilities and fragilities, to move forward in confidence and hope, in this new stage of the CRC.

Our desolations

The "blocked" time twice a month of our days seems to be a desolation, a desolation that, deep down, was covered with light, since it allows us (as CRC) to find our voice and our way.

Actions to embody this impulse of life?

Develop personally and for the Congregation this dynamic process of discernment. (even if it requires an investment of time)

Anything else to say?

- 1) We still have a lot to say..... preparation, certainly, of lay people so that they can espouse not only a religious language, but spirituality. (A bit like ATTIR does). Preparation for the future. The lay staff of the CRC is an eloquent message of this.
- 2) Much gratitude to the whole team that prepared this process...and for daring. God bless you and keep you.

### **Group 3**

Thanksgiving flowed freely in our exchanges this afternoon.

We gave thanks for the process proposed and lived, all together and in our small group throughout these 5 months. Thanks to the spiritual conversation, Christ has always been at the center and is always put back at the center: it is he who calls each one of us and all of us together, it is he who is at the heart of every project, of every speech, in the Spirit. The representation of the fruits of the process with Christ at the center and the priorities on each side is particularly accurate in this respect. By allowing ourselves to be reached by Christ as we are at the heart of our vulnerabilities, we have been able to experience that we can live a sharing of great richness and receive the desire and the strength to get involved in a renewed way, together.

We noted with wonder how the process allowed us to focus on the essential and to go much deeper than if the general assembly had only taken place over 2-3 days. We felt much more a part of the CRC, not just guests.

What we experienced as a movement of trust and expansion through the spiritual conversation, we have the desire to continue it personally, in our congregations and in inter-congregations: we have the conviction that this will be a strength for consecrated life in Canada.

We have the desire to continue the journey by continuing to dig into what is being born and by inviting others to share the joy and the impetus received in the implementation of particular projects. We have confidence in the current leadership team (religious and non-religious laity) to help us do this.

### **Group 4**

It is said that the path is made by walking. This process, Spirit-led and Spirit-fed, has given us priorities to focus our attention as the CRC members walk "together" into a future that is always coming toward us. We can trust the direction we have been given, we can trust ourselves as we walk, and we can trust the Pentecost Presence that graces the known and the unknown alike. Today we feel "emboldened," and if tomorrow we feel otherwise, we will recall these days of discernment together, renew our commitment and trust that we are always accompanied as we move forward.

As the CRC evolves we move into greater degrees of relatedness, building a “culture of encounter,” of authentic engagement where we can let down our guard, trust our vulnerability, and be brave with one another and with those we are called to serve in the whole earth community. Developing a prophetic voice is not a call for the faint of heart. Some of us had the courage to name the fear that accompanies such a vocation.

That said, much consolation abounds: joy, gratitude, trust, encouragement, and hope; both the process and the small group sharing were enlivening and engaging, a good experience of respectful encounter. We are learning to trust chaos and death (the diminishment we experience), and we are confident that “together” we can live our way forward, as Life—religious life—evolves through death and resurrection...yet again.

## **Group 5**

Appreciation, gratitude, to organizers for CRC process and coordination: Appreciation, gratitude, “thumbs up” for the well thought out process - reflections, Prayer Process, Scripture Choices, input and quality of participation.

Commend all the people who prepared this A positive, thoughtful and inviting process and experience including input, feedback and the small group sharings were especially helpful and appreciated for the opportunities to meet others from across Canada and different Congregations with their experiences, history, insights , personal sharings and charisms.

These sessions were a positive experience for all.

Appreciation , and support of the new invitation for council members and major superiors to participate together at the General Assembly.

Each one of us is invited to help CRC come alive and bring something new.

A Grace given - hope CRC recognizes that new life is being reborn as we come together. Feeling more connected to CRC now and more positive about its mission. Collaboration of congregations important as we get older and smaller It was a long journey and called for commitment to the process.

The monthly spacing sometimes seemed a long time to be distanced from the process - difficult to hold...

Support the Priorities and encourage further examination of the suggestions in the groups’ reports.

A sense that a New life is being re-born – prophetic voice/s being encouraged One Prophetic Voice – who we are – HOPE – CRC to help us remain grounded in God’s call

Looking forward to the priorities being “enfleshed” (promptings of the H Spirit) in new ways and different way than in the past . CRC to work on priorities to put together a joint project giving our voice within our Congregations and be shared with members in other countries and with the Church of Canada.

## **Group 6**

In the context of Zoom technology, the process has not encouraged the deep listening which allows the discordant or different voice that calls us into new ways of thinking and daring. The mind map (from session 5) does open the doors to this, and we encourage using this tool.

Consolation:

- This small group has been a blessing for each of us. A great opportunity to build relationship.
- The Zoom technology worked well. The materials were very good and accessible.
- The Mind Map (from session 5) is an excellent catalyst for moving us forward. It contains the potential to lead us all into holy boldness. Please share it as a separate document.

Desolation:

- Not a clear sense of the daring or holy boldness that is embedded in each piece of the Mind Map.
- This is partly a result of the context of meeting virtually, however a sense of diversity was lost, the process was structured to lead to unanimity. There was not a place for creative energy or response.
- We need to echo again; CRC brings A prophetic voice not THE prophetic voice.

## **Group 7**

We affirmed the three priorities as stated during the General Assembly. We feel the solidarity among us and look to the CRC as a means to express and prompt our collective voice that will lead to actions in addressing the injustices we see around us. We expect that the CRC and its members will be active within the Canadian Catholic Church. We expect that in our diminishment, new forms of religious life will emerge. We trust in the Spirit and desire to move forward together.

We appreciated the process over the five months. It was rooted in reflection and dialogue. We felt a solidarity among us in the small group and were very grateful to be with each other during this Emmaus journey.

Thank you to the coordinating committee - you got it just right! No desolations.

## **Group 8**

We felt that, overall, the process over these last four months was beneficial in moving the agenda forward. We are united in our belief that the greatest strength of the process rests in the rich conversations, heartfelt sharing and wisdom within the small group. These have been grace-filled and energizing. Technology has given us a new way of coming together and it is our hope that we would continue to use it often to reflect, collaborate and dream about ways of continuing to be in mission.

## Group 9

1.) What do we as a group want to say about this process as it comes to an end?

- Thank you for including the Leadership Teams. It brought a richness.
- Thank you for the small group sharing over the months.
- Scripture passages gave life.
- Historical overview was appreciated.
- Perhaps use different styles of process in the future, not only the one style.
- Appreciation for the prayer led by Sabrina and Jennifer on the harp.

2.) A more significant consolation for our group?

- The gift of small groups. We went deep fast, and it was energizing.
- Over 200 leaders in the country building something together, and without a blueprint. Wonderful!
- The belief in religious life and how we are one.
- Great moments of hope because of our deep dialogue.
- Our input and contribution is valued by the CRC.

3.) A more significant desolation for our group?

- The material process engaged the mind but not the spirit.

4.) ...and anything else you want to share?

- We are more aware now of the CRC as a national body. We are re-founding the CRC. Something new is happening!
- CRC continue to keep connected to small group learning from different areas.
- The group notes will be helpful to the CRC Team for the future.
- More about integral ecology and interconnectedness.
- How do we bring all this to our congregations and light that fire?
- How does the CRC staff understand this and how does it resonate with them?
- Plowing through all the data in the big group was a difficulty.

## Group 10

1. What do we, as a group, want to say about this process as it comes to an end.

There is confidence in competence with CRC in carrying the work and addressing the priorities.

- We appreciate Laurence and Gilles for their remarkable facilitation skill, distilling what was happening and what was said by the whole; simplicity and meaningful prayer; the process was significant, encouraging and empowering.
- New energy and members are engaged.
- More contemplative and reflective process.
- A positive experience overall.

2. A more significant consolation for our group.
  - 200 plus participants is a consolation.
  - We are all committed to supporting the ongoing CRC work, i.e., taking more interest in what CRC offers by encouraging other Sisters to visit the CRC website, read the newsletter, and communicate to other congregation members about the fruitful process experience.
  - openness to participate and contribute to the process.
  - small groups - an avenue to know and form a deeper connection among Sisters across Canada.
  
3. A more significant Desolation for our group.
  - we tend to use big words; perhaps we can simplify more so, it is a challenge to walk the talk.
  - we hope to have a meeting in person and keep the meaningful process.

Congratulations and thanks to all the organizer- CRC executive and staff and to the interpreters. Job well done.

### **Group 11**

The text of the disciples of Emmaus has led us to experience the paschal mystery in the everyday life of our lives.

The desolation: the experience was demanding but at the same time necessary.

The striking consolation: we recognized ourselves in the 3 priorities; however, we reformulate the 3rd one as follows: To be a prophetic voice and not to carry the voice.

With what we have experienced, we have experienced unity in our group and this unity is reflected in the celebration of the Feast of the Holy Trinity that we will live on Sunday.

### **Group 12**

What can we learn from this great gathering?

1- As we went through the history of the CRC, we saw the importance of adjusting ourselves, of changing sometimes our ways of doing things in order to become more and more credible and visible as consecrated persons in a changing world.

2- The experience of discernment in the Spirit over the last few months has shown us the importance of putting the Word of God at the heart of our challenges and our questioning. We must not be afraid to accept our vulnerabilities and hopes in order to move forward with clarity and to grasp the words of Jesus who says to each of us: "Peace be with you! "

3- Life in large groups but especially in small teams allowed us to create links, to speak from the heart about what animated us. It made us realize the importance of our place at the heart of

the CRC. The CRC is us! From there, we leave as consecrated persons animated with life, with hope in tomorrow as disciples with those who will walk with us.

One small disappointment: we would have liked to know more about the daily life of each person... but the 'ZOOM' experience made us quickly get to the heart of our meetings. THANK YOU to our facilitators.

### **Group 13**

The group has already shared how the chosen approach has borne the fruits and colors of the Spirit. Emmaus proves to be a transforming journey:

- if we give importance to each person, especially those who are hidden and through whom the Spirit often speaks in a special way
- if we let the Spirit act and guide us gently, at his pace and with his breath
- if we allow him to lead us elsewhere and differently
- if we understand that the start, the path and the people we meet along the way count more than the destination and all the results.
- if we give time to time: it is an approach based on fruitfulness and not on efficiency.

Other attitudes remain in our hearts after these months of walking, of sharing the word and of loving listening, including

- the desire to offer this conversation to our own who are thirsty for life
- the desire to place our remaining energies in the right place
- the desire to open up, to meet, to approach, to be touched
- the desire to let go and let those we meet show us the way
- the conviction that the Spirit works with us and through us
- the decision to stop telling the Spirit what to do and let him work on us
- the intuition that we must go forward, dare, risk, challenge, even without knowing the destination, the outcome and the fruits that will arise. Didn't the biblical characters only see God from behind? "He was there and I did not know it.

### **Group 14**

What our team wishes to transmit following the discernment process lived since January 2021 in view of the CRC GA :

- This process, lived with a lot of openness and confidence, has renewed our impetus to be and to remain alive and significant for our world. It was a beautiful and encouraging participation, showing that many of us still believe in the CRC.
- However, we remained in the generalities and the spiritual, far from our realities on the ground. The priorities chosen are not concrete enough. Unfortunately, they do not answer the questions raised by Alain Ambeault in his report. We hope to be involved in determining how to make these priorities a reality.
- The whole group found the first 3 meetings very enriching and productive, but the following ones proved to be more repetitive than constructive; they were not necessary, in our opinion.

## **Group 15**

We live under the Breath of the Spirit and we feel that we share together the mission, which takes many forms. We are sent, we and our collaborators.

Many have "discovered" the CRC and consider it an excellent place for collaboration in mission. At the beginning of the process, there was some concern that it would be too long. But it was very well animated and organized, really, and we all came away enriched and happy to have participated.

We felt a great unanimity of thought, as much in general assemblies as within our small group (which we regret to leave...).

We believe that periods of prayer and discernment, lived in our various environments, could be inspired by the method used in our small groups.

We leave with renewed confidence in the future. We wish to continue to be the voice of the voiceless: this directly affects the prophetic aspect of our mission in the Church and in society.

We count on the prayers of our sisters and brothers who are ill and completely withdrawn from the action.

We must not lose sight of the three priorities for the next two years; the success of what we want to live depends on it. In spite of our good dispositions in this regard, we may need to be reminded...

## **Group 16**

We have reached the point where the turning point is a change for the future of the CRC and religious life. We are very grateful for the initiative and risk that the CRC has taken in engaging us in the discernment process. We all have a sense of gratitude and pride in the serene convergence of the three essential priorities with the emphasis on encountering Christ in our vulnerability. These three priorities will energize us to go further in the call of Christ. One striking desolation was the length and sometimes heaviness of the process. On the other hand, this desolation has been the fruits of the process. We have lived the Easter mystery in a way: death and resurrection.

## **Group 17**

We feel re-energized by the breath of the Holy Spirit. It is the same presence of the Spirit that runs through the entire history of the CRC and that we have felt present throughout the discernment process of the 2021 General Assembly. We are assured of his presence, especially when, more aware of our vulnerabilities (aging, diminishing numbers...), we support each other in all kinds of services and dare to share with the most needy of our society. Inhabited by this divine breath, we want to live to the end this missionary dynamism in each of our religious



communities. And we dare to witness with a prophetic voice with lay people, both at the administrative and spiritual levels.

## **Group 18**

The Word: In a moment of desolation, Jesus comes to his disciples, gives them peace and sends them out! In the same way, Jesus sends us, puts us back on the road with the gift of the very SPIRIT of God.

The process followed confirms the full potential of discernment and spiritual conversations. Without denying the reality of our times, the vulnerability of our congregations, our gaze has been shifted to look elsewhere and differently! We came away with new energy and a renewed confidence in the consecrated life in our country! Our common search allows us to say with Pope Francis: The whole is greater than the parts!

Dismayingly, our group was often four people instead of six. But the richness of the sharing was appreciated by everyone.

Other comments: Thank you to the leadership team and the Board for believing in the process and modality of Assembly 2021. Thank you for the quality of the prayer times! Good luck to the next Board and to the leadership team: you are not alone! We have lived the process together; we will be together to live the priorities retained!

## **Group 19**

### **1. Appreciation**

Our group is grateful for all who organized and facilitated this Pentecost experience of discernment. We conclude with conversion, renewal, hope, support, new life, bonding among us, and the conviction that we can make a difference in our world. The process was Spirit driven, nurtured by praying the Word of God, attentive to the action of the Holy Spirit. We need these life-giving moments. Something powerful and prophetic will result.

### **2. Synodality/Spiritual Conversation**

We have been to the school of synodality and learned the language of spiritual conversation. Both are transforming us.

### **3. Engagement**

Engagement in our mind map and priorities will include participation in forums offered by the CRC, moving priorities to action, study of documents in preparation for taking a prophetic stance, prayer and support for those who are capable of active ministry, use of spiritual conversation and the synodal process in leadership, continued integration of this experience.

### **4. Suggestions**

We suggest that CRC offer forums on topics representing the diverse needs of the membership in the expanse of Canada; e.g. General Assemblies versus General Chapters, Needs for Legacy and how to go about it, Visas for international congregations, etc.

This process needs to continue. Desolation will follow if it does not. We are on fire and ready

for CRC to challenge us and call us forth. Begin to call us to put our priorities in action. We do not want to lose the energy. Continue right away and not wait until next year.

## **Group 20**

Outcomes:

We rejoice in:

(i) the unity in diversity, a true "Pentecost moment", shown in the amazing consensus on the three priorities;

(ii) a sense of deepening in our understanding of the prophetic nature of our call as women and men religious in Canada.

Brighter Moments:

The shared wisdom and energy of our small group. Connections were deep.

Darker Moments:

The rigidity and formality of the large group process. The tasks were completed well but the process was draining.

Going Forward:

We affirm that CRC has an important role and a hope-filled future. We are open to regional and/or national connections. We feel that CRC is at a pivotal moment regarding a proactive acknowledgement of the place of women in our Church and world.

## **Group 21**

There is now a renewed sense of the CRC being mandated and sent on mission as the disciples were in the passage we were given. Through the small group gatherings, the Spirit has spoken to the leadership of the CRC. It will be to live this out with us in mutuality.

We can commit to join in spaces of encounters; we would ask CRC administration to prioritize facilitation of conversation circles for members around themes of interest. Just as CRC is missioned so are we as individual(s) and communities committed to respond to the calls that come through CRC to respond to the signs of the times and to be GOOD NEWS in our world.

The sharing in small groups was really important. Process in Assembly might/could have been condensed. The small group became the concretization of CRC for us.

We are very pleased with the priorities set.

We look forward to seeing how CRC will channel the energies and concerns of Canadian Religious in this global world.

A predominant vulnerability we face and embrace at this time as CRC comes from our extensive senior populations. Can we boldly claim this and let it lead us to works of solidarity and justice on behalf of elders in our world?

Thank you.

## **Group 22**

We experienced a general sense of peace throughout the process and the work of the Spirit among us.

Gratitude for the process, hopeful for new life for CRC, and gratitude for the conversations of our Circle.

Consolation in that all communities are united in recognizing the signs of the times. There's been trust developing, hope in possibilities being born. Will it be a live birth or a miscarriage? We learned a lot about CRC and its history. Hope for the future. The importance to keep moving forward, resisting looking in the rearview mirror to what was.

As Religious, much more of a spiritual connection and supportive of each one's journey. Jesus invites us to be at peace, not to be afraid of our vulnerability.

How can we continue to respond to invitations to participate without stretching ourselves too thin? Can we further the conversation regarding involvement and participation in CRC at various levels eg/ the Executive Committee? Hopeful that others will be willing to share the load.

We are grateful for the blessing of technology that made this experience possible and can be a tool from which to go forward.

## **Group 23**

Process: energizing; gratified to see that it worked (3 priorities from 210 participants!); was useful in several other settings

Consolations: Small groups allowed for excellent sharing; the focus on the conversations was very "outward", rather than obsessing on diminishment; the process reminded us of our interconnectedness; creative use of the technology during a pandemic (while lamenting that we could not be together in person)

Desolations: time commitment was significant, and the small group shrank from 7 to 3 with people having other commitments to attend to

Anything else...: there is a spirit of cooperation with whatever the CRC staff does with these 3 priorities, to bring them to our Congregations, and be open to accomplish what is asked of us...; important to be discerning around what is being "born"...

## **Group 25**

We so appreciate the hard work of Allain and the CRC team. Sabrina and Christiane led beautiful prayer services and the expert facilitators were excellent at synthesizing all the feedback into the three priorities. We believe Allain's role was to unite and focus CRC and he has been faithful to this resulting in us feeling that 'CRC is us' and a sense that the CRC team is truly a team.

Clearly the Spirit was present with us as a group and helped us to go deep. The deeper we go, the more likely the actions that come out of that will contribute to systemic change. We had hoped that with the time allotted to the Assembly that we would have had the opportunity of having people work together to further the process during this time while we were all gathered.

Best part was the small group sharing.

The process could have moved along more quickly without losing the contemplative peace.

**(Group 26 did not submit a contribution)**

### **Group 27**

Reviewing our approach

Consolations

1. As he did for the disciples of Emmaus, the risen Jesus came to meet us. He was among us. We express our feelings: joy, trust, thanksgiving, breath.
2. The diversity of our small group is a prophetic element. We found welcome, freedom, communion, joy of participation.
3. The "contemplation in action" approach was most satisfying in achieving the objectives. We conclude that the CRC (Consecrated Life in Canada) has a future.

Desolations

1. The context of the pandemic cut us off from a sense of belonging to the larger group: the "global us" was absent
2. Time for personal reflection was compressed by the multiple daily activities. It was less satisfying.

What's next...

What can I do to concretely embody this call at the CRC level?

Be a visible sign that we are alive where we are; participate, collaborate in the various activities that will be implemented.

A concern was expressed by the younger participants of the group regarding the succession of the CRC members.

## **Group 28**

a) The process is appreciated by all. It allowed to meet other members to exchange, share the same concerns, the same problems and maybe try some solutions. It has allowed us to speak out, which is good. We are not alone. We encouraged each other. Some members regret not having had enough time to participate in the plenary sessions and to reflect because of their daily commitments. A little long, but it allowed us to appropriate the content.

b) Desolations: disappearance of a certain form of community life. Looking at our poverty and community life, consecrated life; time given to God, to the other, to the community; are we giving a true witness? Seeing that there is much to do, but lack of energy even if the enthusiasm is there.

c) Consolations : Much hope, hope. Religious life is like a forest: some trees will fall but there is rebirth, regeneration. It seems that the goal of these meetings was the transmission of hope...

d) Inner dispositions now: hope, communion, confidence...

e) What I can do: do what I can from day to day, in serenity, with the means at my disposal. Take care of the present while waiting for the new: new structures, new forms of community life: the present is the guarantee of the future. To take care of hope in spite of statistics and financial projections. To help our religious to believe in the transmission of our values which is their MISSION and which is not the continuity of our forms of religious life. To keep the humor.

## **Group 29**

About the process:

- Being rooted in the Word of God and in prayer provided a deep spiritual experience and energized the entire discernment. A light in our journey.
- A growing experience of communion in our group throughout the journey.

Consolations:

- Sharing that led to a rebirth of the CRC lived in a respectful listening to each other and to the Holy Spirit.
- a positive spiritual experience that gives confidence and joy and the experience of the Word of God that accompanies us in our religious life.
- a dynamic journey that brought us closer and the conviction of the presence of Christ walking with us giving us his peace, joy and communion.
- the joy of a great and noble accomplishment in the face of the CRC and which becomes a springboard to help us bounce back in the coming years and during future difficult moments.
- a process that is spiritually and mutually enriching and that leads to dynamic conclusions for the CRC and for Religious Life in Canada.

Desolations: Which became challenges.

- The length of the process and the time that had to be allocated to prepare for the sharing times. But we held on!
- The loss of two team members.

Very happy with the experience!

Gratitude for the preparation for this fruitful discernment!

### **Group 30**

The biblical text of the Disciples of Emmaus accompanied us throughout the process. In the text proposed today, Jesus comes to us without being invited... We welcome his wish for peace! Our consolation at the level of the process is that it was very enriching. Consolation at the level of content: Despite our vulnerabilities we are made to live this moment in our history. We must live the present moment with joy. One of us was expecting to receive some elements of formation during these three days, the discernment process stretched out for some of us. We recognize that this discernment took on a special scope.

Appreciation of the small group: meeting space, enriching sharing, people were comfortable in the group. Commitments : Personal and community prayer, participation in CRC activities, and facilitating the participation of one of our sisters on the CRC Board.

### **Group 31**

The work of the Spirit, which has been at the heart of the group since the beginning of this discernment, has allowed this communion, this joy and this hope that dwells in us. Through the depth of our sharing, this Spirit gives us the motivation, even the impetus and the will to engage and collaborate together with the CRC, of which we are an integral part. We give thanks for what we have received throughout this discernment and are proud of the CRC.

### **Group 32**

Consolations: Participation in the spiritual refoundation of the CRC for today and tomorrow. We experienced unity in diversity. We experienced joy in listening to each other, in searching together, in sharing the Word of God in relation to what the CRC is experiencing. We were amazed by our conversations in small groups, listening to each other, listening to what we carry. We have made room for the Spirit, which is encouraging for the future.

Desolations: The demands of the process (a very long process to live) without really knowing where it would lead us. A certain sadness when we see the ageing of our communities and the absence of new people. I felt different from the others, I was welcomed but not heard; this has been corrected with time. One question remains: how will this be done in concrete terms?

Interior dispositions:

To look at religious life with hope. We feel in solidarity, we have developed spaces of encounter. Giving more value to being than to doing. Confidence when we believe in the action of the Spirit, source of hope. Learning to let go in order to do something new and different. Appreciating the audacity of the CRC who dared to launch this process.

Serene and confident in the new CRC team. Peace and joy. Confident because the Lord walks with us.

To embody this call at the personal and congregational level:

To make known to other sisters in our communities the process lived by the CRC in order to make it more present, more alive in their lives. To participate more in the sessions offered by the CRC. Be inspired by this process to prepare the next General Chapter.

At the CRC level : Participate in what could be offered in webinars, sessions.

Thank you to the CRC team and elsewhere for this process that you have made us experience.

### **Group 33**

Our inner dispositions:

Much joy and a great sense of communion. We are pursuing the same ideal.

Increased sense of belonging to the CRC: e.g. "I went from being an observer to a member", "At the beginning I felt far from the CRC, but today it is different and I am happy to have participated". The fact that we have lived a community and spiritual EXPERIENCE that has transformed us. We accepted to enter into the process in which, surprisingly, we finally lived the call and the priorities that emerged! We feel more concerned about the priorities because of the process we lived.

The call to accept our vulnerability as a grace. We need each other, which points to the need for the CRC as a rallying point.

The contribution of the Word of God to guide our meetings was much appreciated. Consolation, guidance, structure, nourishment.

However, we would like to say that the time to be invested was finally more demanding than what had been announced. Discourses to be adjusted?

How to embody this call?

To present the fruit of discernment to our communities.

To let ourselves be inspired by this experience in order to better listen to our sisters, eventually to live spiritual conversations like this in community.

We have an openness to continue such exchanges because it energizes us, nourishes our communion, solidarity and support among us.

### **Group 34**

"As the Father has sent me, so I send you. Receive the Holy Spirit".

This long journey bears good fruit and under the breath of the Spirit, gives us confidence and hope

Among the consolations are the call of religious life for Canada, the strength and unity of the group, the presence of the risen Christ through the texts of the Word.

The main disappointment was our participation in the process; we felt rushed by the little time we had to give to a process of discernment which required time and prayer and investment for very busy women with big tasks to assume and an advanced age. There were moments of uncertainty and questioning regarding our understanding of the process, questions and reflections to be done.

All the team members are in peace and hope for the fruits of the process.

Most of the members do not have an answer to the question of how to concretely incarnate the call received. One participant wanted to share this "call to religious life for today" in her animation with the sisters for whom she is responsible. She also wants to use the "spiritual conversation" approach in her meetings with her leadership team.

All of them want to keep open and under the influence of the Spirit in order to read the signs of the times.

We are the CRC! Nous sommes la CRC!

### **Group 35**

How do we feel about the process?

Wonder, gratitude, hope.

The process makes us start from the Word of God and gives space to the Spirit who pushes us to community discernment.

We feel part of the CRC and want to support in prayer the team that will continue the process.

All have the desire to be more involved in the CRC, reading, praying and participating when possible.

Consolation: to see the unified results of the work, the unanimously accepted priorities.

The Spirit's work has been felt throughout the process.

Desolation: There was a drop in energy in February that the group spirit, pushed by the Holy Spirit, quickly revitalized.



Thanks to the two facilitators and the organizers for the wonderful work (prayer, animation, technique, etc)

### **Group 36**

During this experience, we became aware that a new breath was in the heart of each of us. Throughout our journey, we felt the presence of the Holy Spirit both in our sharing and in our reflection. In the text of the disciples of Emmaus as well as in that of the sending on mission, the peace of God was manifested to us and we experienced it. This generated new interest, strength and commitment.

The CRC became closer to us, we got to know it better. So much so that we became the CRC. Many have expressed a desire to learn more about CRC issues and to be a voice for them in their community. We greatly appreciated the strength of the group, especially in the sharing in the small committee. We felt the desire to welcome the other as a source of life, to welcome the new, the different. The Spirit is there.

We leave with more hope. We want to be prophets in the small things as well as in the big ones. Bonds have been created in the group and we have confidence in the future thanks to this solidarity. Faced with all the proposed priorities, we feel fragile and helpless. With prayer and the strength of the group we remain open and available for the future.